



**MEETING MINUTES**  
**May 28, 2024, from 5:30 pm – 7:30 pm**  
**Location: National Alliance on Mental Illness (NAMI) 7230 S. Land Park Drive, Suite 111, Sacramento, CA**  
**(Open to the Public)**

1. Tracy Steuckrath (District 1)	P	6. Yating Campbell (At Large)	P	11. Evashalem Robinson (At Large)	A
2. Timiza Wash (District 2)	A	7. Jinky Dolar (At Large)	A	12. Anya-Jael Woods (At Large)	A
3. Vacant (District 3)	---	8. Stephanie Doute (At Large)	A	13. Brooklynn Pruitt (Youth)	P
4. Rachel Williams (District 4)	P	9. Marisol Ibarra (At Large)	P	14. Jamie Stephenson (Youth)	A
5. Erin Saberi (District 5)	P	10. Rachel Rios (At Large)	P	15. Jolie Dang (Youth)	P
				16. Marissa Vaughn (Youth Alt)	---

*Membership Attendance (P=Present; A=Absent)*

**Guests Present:** Shannon Williams (Execcutive Director of Social Research at Sacramento State University), Amy Esposito (Nation’s Finest) services for veterans, Raven Tahara (Facilitator/Consultant), Charmen Goehing (Friends), Justine Bingham, Jennifer Sparks (NAMI)

**Welcome and Introductions**

Commissioner Erin Saberi called the meeting to order at 6:11 pm. Quorum was established.

AGENDA ITEMS	DISCUSSION	ACTION ITEMS	DUE DATE
<b>Sharing from NAMI</b>	❖ NAMI did a presentation of what services they provide. Offers support groups for 18 and older for people who have mental health conditions and also for family members who have a loved one with mental health conditions. They offer classes. They have a helpline. All services are free of charge. 3/5 teen girls have felt helpless, double teen boys. 1/10 women report symptoms of major depression. 1/8 women after birth have symptoms of post partum depression. Commissioners vote to have a table at the event of the NAMI walk.	La Familia, NAMI, and Youth Commissioners want to work together to bring mental health services to youth in schools.	N/A

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<p><b>Commission Business:</b></p> <ul style="list-style-type: none"> <li>❖ <b>Approve March 2024 minutes – Action Item</b></li> </ul>	<ul style="list-style-type: none"> <li>❖ The March 2024 meeting minutes were reviewed. Motion was made by Commissioner Tracy and was seconded by Commissioner Marisol to approve the March 2024 meeting minutes. Abstained: Commissioner Saberi and Commissioner Rios. Motion carried. All others approved.</li> </ul>	<p>N/A</p>	<p>N/A</p>
<ul style="list-style-type: none"> <li>❖ <b>May 3 Mini-Retreat Review</b></li> </ul>	<ul style="list-style-type: none"> <li>❖ Raven brought attention to the calendar workplan that was developed at the mini-retreat which has the dates to drive different strategies.</li> <li>❖ Budget was discussed, it was just released from the county as to recommendations. Marisol is chairing the workgroup.</li> <li>❖ Data Dashboard --</li> </ul>	<p>N/A</p>	<p>N/A</p>
<p><b>Mini-Retreat Action Items</b></p> <ul style="list-style-type: none"> <li>❖ <b>Template for Workgroups</b></li> <li>❖ <b>How Are The Women &amp; Girls? Data Presentation</b></li> <li>❖ <b>Budget Committee Priorities Discussion and Vote – ACTION ITEM</b></li> <li>❖ <b>Resource Hub Updates and Recommendations – ACTION ITEM</b></li> </ul>	<ul style="list-style-type: none"> <li>❖ <b>Template for Workgroups</b> This will be brought to a future meeting.</li> <li>❖ <b>How Are The Women &amp; Girls? Data Presentation</b> Shannon presented that they worked with the Commission on the status of Women and Girls in the community. It is nuanced to find the population. There are some key indicators. There are no big “Ahas!” She wanted to know what the data will be used so that she can further guide the data outcome. A Power Point was shared and a printout of it was shared with the Commissioners. Data was collected in 2022. <ul style="list-style-type: none"> <li>➢ 1 in 4 girls in Sacramento County are foreign born.</li> <li>➢ 1 in 3 families in Sacramento County are headed by a single female.</li> </ul> </li> </ul>	<p><b>Template for workgroups</b>—this will be provided at another meeting</p> <p><b>Data</b> -- Sac State -- Research will be done to determine California’s poverty level, instead of just using the federal measure.</p> <p>Grant money was gathered by Sac State to do further count of beds available to the unhoused and further</p>	<p>June 2024 Meeting</p>

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	<ul style="list-style-type: none"> <li>➤ 1 in 4 women in Sacramento County are employed by health care &amp; retail sector.</li> <li>➤ On average, women earn \$16,869 less than men in the county across the top ten sectors of employment.</li> <li>➤ Women were disproportionately impacted by job losses during the pandemic but have returned to the workforce.</li> <li>➤ Sacramento Metro area is ranked 26<sup>th</sup> nationally for wage equity between men and women.</li> <li>➤ Over one in 10 women and girls live in a household income below the federal poverty level.</li> <li>➤ There is about 1 child care space available to every 4 children of working families living in Sacramento County.</li> <li>➤ Over 9,000 people were identified as homeless in Sacramento County in 2022.</li> <li>➤ About half (48%) of the individuals engaged with the county's Homeless Response System are women.</li> <li>➤ 6,900 students K-12 have housing insecurity (lack of a fixed and permanent home)</li> <li>➤ Sacramento County's rate of calls to law enforcement for domestic violence assistance is lower than the state's.</li> <li>➤ Since 2019, Sacramento's violent crime rate has been increasing at a higher rate than the state's.</li> <li>➤ Women are more than twice as likely to be killed by someone they know compared to men.</li> </ul>	<p>look into homeless and services.</p> <p>This data will be presented to the Board of Supervisors in July 2024.</p> <p>Release this data in a press release</p> <p>Share all tables from Shannon with Commission and Commissioners to let Coordinator Bilee Hernandez if there are further questions for Shannon.</p> <p>Commissioner Saberi to invite Department of Homeless Services and Housing to come to a future meeting.</p>	<p>July 2024</p> <p>When more complete</p> <p>July 2024</p> <p>Future month</p>
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	<ul style="list-style-type: none"> <li>➤ Women are increasing their representation in city governments.</li> <li>➤ Women are significantly under-represented in county elected positions.</li> <li>➤ Women are well represented in K12 School Board seats.</li> </ul> <p>Commissioner Saberi Proposed Sacramento County Department of Homeless Services and Housing to come and do a presentation at a future meeting</p>		
	<p>❖ <b>Budget Committee Priorities Discussion and Vote – ACTION ITEM</b></p> <p>Ad Hoc Committee has been meeting and discussing strategies to look at County budget and state budget. The County budget got released late. Ad Hoc Committee is looking at the budget with the Commission identified target strategies.</p> <p>June 5, 2024 is when the public comment will be at the Board of Supervisors. There is a high level Power Point of the state budget and will be shared out.</p> <p><b>Motion for the Commission to allow the Budget Committee to submit a letter with recommendations to the Board of Supervisors regarding priorities.</b> Motion was made by Commissioner Campbell and Seconded by Commissioner Steuckrath. All voted Yay. No Abstains. <b>Motion Caried.</b></p>	<p>Commissioners attend June 5, 2024 Public Comment at the Board of Supervisors if available.</p> <p>Budget Committee to determine recommendations to the Board of Supervisors and prepare letter for the Board of Supervisors.</p>	<p>June 2024</p>



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	<p>❖ <b>Resource Hub Updates and Recommendations – ACTION ITEM—</b> Working out some details of how to roll it out. Researching other resource hubs to help inform. Also has the goal of holding some listening sessions in the community to get input on what they would like to see. Work will be done much of this during the summer as youth will be out of school and grant money will be available. Want it to be a search function to gather the resources needed. Committee recommended to have several phases, starting with a website about the Commission with a hub link to get resources. Look into DA website and Sacramento Connect.</p> <p><b>Motion to support website first to Committee’s motion to start with a website and then link a hub.</b> Motion was made by Commissioner Rachel Williams and was seconded by Commissioner Marisol Ibarra to approve the proposal of starting with a website. Abstained: None. All others approved. <b>Motion carried.</b></p>	<p>Resource Hub Committee – Look into DA website to look at agencies and Sacramento Connect for resources. June report will discuss the target audience. Workplan forthcoming.</p> <p>Resource Hub Committee to review at early workings of the Commission Communications Committee.</p>	<p>Summer 2024</p> <p>Summer 2024</p>
<p><b>Commission Business</b></p>	<p><b>Commission Business</b></p> <p>❖ <b>Commission Bylaws Review and Discussion – will discuss at next meetings.</b> please review bylaws and come to the next meeting prepared to talk about proposed changes.</p> <p>❖ <b>Prep for June Officer Elections/Review roles and responsibilities –</b> send nominations to Coordinator Bilee Hernandez.</p>	<p>Commissioners review bylaws and come to the next meeting to discuss proposed changes.</p> <p>Send nominations to Coordinator Hernandez.</p>	<p>July 2024</p> <p>June 2024</p>



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	<p>❖ <b>July 2024 meeting change of locations.</b>          Nation’s First to host July meeting to replace the Bel Air location in Folsom. 7270 East Southgate Drive, Amy Esposito 916-696-1622. July 23, 2024</p>	<p>Commissioner Williams to communicate with Bel Air to thank them and inform them that the Commission will not meet there July 2024</p>	<p>June 2024</p>
<b>Community Announcements</b>	❖ N/A		
<b>Public Comment</b>	❖ N/A		

**Meeting adjourned at 7:41 pm**

**Next Commission meeting: June 25, 2024 5:30-7:30 @ Department of Child, Family, and Adult Services (DCFAS), 3331 Power Inn Road, Room 1B, Sacramento, CA 95826**