

ADULT AND AGING COMMISSION

Executive Committee

Friday, June 26, 2020 1p-2p

Video Meeting

Minutes

1. Welcome and Introductions-
Present on video: Patty Wait, Susan Takahashi, Irving Hellman, Preston Romero. Preston and Irving are new commissioners appointed before covid precautions instituted. Patty explained how the Commission works, the function of the Executive Committee.
2. Approve February meeting minutes- Susan and Patty approved minutes.
3. Review status of county Age Friendly Initiative
Patty and Susan explained Age Friendly Initiative for Irving and Preston. Reviewed the activities of the Commission regarding meeting with cities, the county plan to join the AARP initiative earlier in the year that has been put on hold. We recently learned that the county plans to discuss the initiative at the September 22 meeting.
4. Postponement of activities due to covid 19
Discussed meetings with cities within Sacramento county as well as Sacramento city's efforts on the Age Friendly initiative.
5. Restarting Commission meetings
Plan to have a video Commission meeting in July – to talk about how to restart Commission, get Commissioners feedback on restarting meetings.
6. Commission membership for 2020
As of March, the number of Commissioners was 15. Since that time, three new Commissioners have been added – Irving Hellman, Preston Romero and Roseanne Bernardy. Discussed Commission and number of commissioners, possibility of having smaller number of Commissioners, possibly using representatives from cities within the county. Preston

suggested using alternates if commissioner is not able to attend, also liaisons from cities.

7. AAC Officers 2020-21.

Usually the Commission votes on new officers in June and they take office in July. Due to covid 19, the Commission has not met since February. New officer vote is planned for July video meeting.

8. General Announcements

Patty was asked for feedback from the Edelman firm that the County is using for the “Mental Illness: It’s not always what you think “ project. The project is developing community outreach materials. Patty gave feedback that the materials did not address older adult mental health issues such as isolation and loneliness that can lead to both mental and physical health issues.

Sacramento 2040 General Plan – Patty forwarded to all Commissioners a request from AIM consulting who is working with the city of Sacramento on the General Plan update. They are requesting feedback from the community on topics such as transportation, housing and climate change. They are asking for Commission feedback as well as help getting word out to community. www.sac2040gpu.org

9. Meeting adjourned 2:15pm.