

## **Want to help make our community a great place to live? Join the Sacramento County Adult & Aging Commission!**

The Sacramento County Adult & Aging Commission is comprised of volunteers who:

- Track trends
- Learn and raise awareness about issues and existing programs
- Work to improve and to increase resources for Senior and Adult Services and other community programs



### **What the Commission Does**

- Stay up-to-date on county trends, needs, programs, and resources
- Educate the community
- Advise the Board of Supervisors, county staff, and local partners
- Support programs and initiatives
- Conduct and disseminate research
- Advocate for improved and expanded services and resources

### **Recent Activities and Accomplishments**

- Work with the county to develop and implement an Age-Friendly Action Plan
- Raise awareness of local programs and services through monthly Aging Resources Exchange meetings and an online resources directory <https://www.sacagingresources.org/>
- Honor exceptional community members through the Older Americans Celebration event

### **Eligibility**

You are eligible if you:

- Are at least 18
- Live in Sacramento County
- Have no conflict of interest (a conflict of interest may arise if you or an immediate family member work for the county or hold a position that might conflict with your duties as a commissioner)

### **What Commissioners Do**

At a minimum, commissioners are required to regularly attend monthly commission meetings on the fourth Wednesday of each month from 2-4pm. Commissioners may also be asked to serve as liaisons on other community boards or councils, serve on committees or working groups, and/or attend events. These additional activities depend on each commissioner's availability, expertise, and interests.

As a local government body, the Commission must comply with open meeting laws and ethics rules. Commissioners must periodically complete ethics trainings and file statements of economic interest (Form 700).

### **What the Commission Does Not Do**

The Commission does not engage in political lobbying, provide direct services, receive or spend money, or promote businesses. Individual commissioners are not authorized to represent or speak on behalf of the commission or the county.

### **How To Join the Commission**

We encourage potential commissioners to first attend a commission meeting. When you are ready to apply, download an application at <https://sccob.saccounty.gov/Pages/BoardsandCommissions.aspx> or request an application from the Clerk of the Board by calling (916) 874-5451 or in person at 700 H Street, Suite 2450, Sacramento.

After you submit your application, you will be invited to meet with members of the Board of Supervisors' staff. Your nomination will then be considered by the Board of Supervisors. This process may take a few months, but you are welcome to attend Commission meetings while your application is pending.

### **Disclosures**

Once you are appointed to the Commission, you will need to file a statement of economic interest (Form 700) prior to taking action as a commissioner. Form 700 is designed to make potential conflicts of interest by public officials transparent. Depending on your local financial interests, you may or may not be required to disclose any information. For example, you probably will not need to disclose the location or value of your primary residence, but you may be required to disclose interest you have in other real property in or near Sacramento County.

Your personal contact information can be kept confidential. For more information about Form 700, you can email [form700@saccounty.net](mailto:form700@saccounty.net), contact the Fair Political Practices Commission at 866-ASK-FPPC, or visit <https://www.fppc.ca.gov/>.

### **What To Learn More?**

To learn more about the Commission, you can:

- Attend a commission meeting – Our meetings are open to the public. Go to <https://dcfas.saccounty.net/SAS/Pages/Adult-and-Aging-Commission.aspx> to view minutes, agendas, and other information about the Commission.
- Visit with a commissioner – We would be happy to schedule a time to visit with you by email, phone, or in person. Contact Heidi Richardson at [RichardsonH@saccounty.gov](mailto:RichardsonH@saccounty.gov) or (916) 874-9336 to get connected with a member of the Adult & Aging Commission.