

**ADULT AND AGING COMMISSION**  
**Wednesday, March 23, 2022**  
**2:00 – 4:00 PM**  
**Video Conference Meeting**

**MINUTES**

<b>Item</b>	<b>Notes</b>
<b>Welcome &amp; Introductions</b>	Vice Chair
<b>Roll Call</b>	Members Present: Rachael Hoskins, Catheryn Koss, April Carni, Theresa Abah, Patty Wait, Stephanie Wilson, Debra Bonner  Members Absent: Gaby Hernandez, Eduardo Rubalcava  Guests: Ruth MacKenzie, Heidi Richardson, Deborah Morrow, Rebecca Sloan, Karleen Ballmer, Justin Ellerby, Clayton Wyatt, Jeannette Johnson, Amy Lee
<b>Approval of January 26, 2022 and February 23, 2022 Minutes and March 23, 2022 Agenda</b>	R. Hoskins moved to approve, D. Bonner seconded the motion for January 26, 2022 minutes. R. Hoskins moved to approve, T. Abah seconded the motion for February 23, 2022 minutes and March 23, 2022, agenda. The motion passed with no objections or abstentions for minutes and agenda.
<b>Public Comment</b>	None
<b>Presentation by Representative from Sacramento County In Home Supportive Services (IHSS)</b>	J. Johnson presented an overview of Sacramento County In Home Supportive Services (IHSS) and provided answers from commissioners' and guests questions.
<b>AAC Business &amp; Initiatives</b>	
Recruiting Commissioners – Who is missing?	C. Koss suggested commissioners have a strategic planning to see who is missing from our table for representation.
Partnership with Sacramento State Gerontology Department to maintain Aging Resources website	C. Koss  Discussion about the commission to maintain, support and would like to add link to County page. H. Richardson will review if County can post.
Feedback on commissioner orientation materials: <a href="https://padlet.com/sacagingresources/mb8qbl8geoxvij7m">https://padlet.com/sacagingresources/mb8qbl8geoxvij7m</a>	C. Koss requests that commissioners review orientation materials and provide suggestions.
Nominations for 2022-2023 Executive Committee positions (election at May 2023 meeting)	C. Koss shared that nominations will take place next month for Chair, Vice Chair and Secretary.
In-person age-friendly listening session opportunity	C. Koss  Discussion

Guidelines for representing Commission with media	C. Koss discussed that individuals cannot speak for the Commission, written letter of opinions must be voted on and approved.
2021 Annual Report	C. Koss will provide next meeting for discussion.
Liaison assignments	C. Koss requests to table for next meeting, as we need to evaluate.
New Business	None
<b>Reports</b>	
Liaison Reports	None
Area 4 Agency on Aging	C. Wyatt provided update on current programs offered at AAA4 and bids on senior services in Yuba and Sutter County. Will follow up next month on ADRC.
Aging Resources Exchange	R. Hoskins reported upcoming meeting is next Tuesday; topic is Health Promotion and Education, link was provided to join.
Sacramento County Age-Friendly Initiative	H. Richardson reported County completed two sessions, SeniorLink is scheduled for April 6, and waiting on responses from others.
<b>Commission Membership Changes</b>	None
<b>Announcements</b>	None
<b>Future Meetings</b>	
Announcement of dates of future meetings	C. Koss announced meetings will remain on Zoom, the 4 <sup>th</sup> Wednesday each month.
Suggestions for future agenda items	There was discussion to invite Anson to present on ADRC.