

ADULT AND AGING COMMISSION
Wednesday, March 24, 2021
2:00 – 4:00 PM
Video Conference Meeting

MINUTES

Item	Minutes
Welcome & Introductions	A. Carni called the meeting to order 2pm.
Roll Call	<p>Commissioners Present: Debra Bonner, April Carni, Rachael Hoskins, Tom Johnson, Catheryn Koss, Megan Masten, Preston Romero, Patty Wait,</p> <p>Commissioners Absent: none</p> <p>Others Present: Ruth MacKenzie (guest, Sacramento County Senior and Adult Services), Gaby Hernandez (guest, appointment pending), Clayton Wyatt (AAA4 Representative), Robert Van Cleef (guest, appointment pending), Theresa Abah (guest)</p>
Approval of March 24, 2021 Agenda and February 24, 2021 Minutes	P. Romero moved to approve the agenda and minutes, M. Masten seconded, motion passed with no opposition or abstentions
Public Comment	none
AAC Business & Initiatives	
Report on first session of Age-Friendly planning process with City of Sacramento	Those who attended the meeting with the city, topics covered were intergenerational programs, parks, volunteer opportunities. Discussed AAA4 age-friendly survey. The city shared current opportunities and asked for comments on what is missing from the resource list. Next meeting with the city will be April 29 th 11am-12:30pm.
Current process of vetting and appointing potential commissioners	Checked in with R. Van Cleef and G. Hernandez about vetting process. Both have meetings scheduled with Supervisor staff. P. Wait asked about age balance of current Commission. C Koss reported currently have 50% who are 50 and older.
Progress and feedback on Aging Resources website	C. Koss presented draft Aging Resources Directory website. Commissioners made some suggestions about making searching/navigation more user friendly. Suggestions about design or topics can be shared with C. Koss.
Senior Rally Day 2021 participation	A. Carni reported this year's Senior Rally on May 4 will be on zoom this year. Encouraged Commissioners to participate if they are able. Will send out information about registration after the meeting. R. Hoskins asked if the Aging Resources Exchange will be represented as part of the Commission. A. Carni said in the past there was just one table for the Commission as a whole, but we can visit about having separate table or resources in the future.
COVID-19 county update	T. Johnson reported based on what he has been hearing, vaccines are getting distributed widely in long-term care facilities. He also has been examining distribution to community members. T. Johnson is following this a layperson,

	<p>but opened it up to County representatives to speak to the issue. R. MacKenzie reported county is considering a company Curative to manage the vaccine sites. C. Koss reported she shared information on behalf of the county about available vaccine appointments to the Aging Resources Exchange email. R. Hoskins reported that 211 may be helping people find vaccine appointments. T. Johnson asked Commissioners to share what % of vaccines they think should be going to 65 and older. T. Johnson reported that about 40% of doses have gone to 65+. In the chat, Patty shared information about a regular Public Health Advisory meeting on Covid. The next meeting will be in May.</p>
New Business	C. Koss reminded Commissioners that we are looking for a Vice Chair.
Reports	
ROC	P. Romero reviewed what districts are represented by Commissioners. Need to recruit District 2 and 5 especially. Recruiting ideas may be at local city council meetings during open comment period. Oncoming commissioners are not from these districts, so we still need representation. Anyone interested in serving on ROC to recruit new commissioners should reach out to P. Romero.
Area 4 Agency on Aging	C. Wyatt reported on nutrition program started at the beginning of the pandemic. The Dine Around Town program is ending the end of April. They have served over 260,000 meals to over 1,000 people. Shared handout about on-line courses being offered by AAA4. A. Carni asked about what AAA4 is doing to transition clients off the Dine Around Town program. C. Wyatt explained the program has been gradually ramping down. Everyone that has an ongoing need is being referred to Meals on Wheels and other programs.
Aging Resources Exchange	R. Hoskins reported that the next Aging Resources Exchange is next Tuesday, March 30. The presenters will be from Rebuilding Together and StopFalls Coalition Sacramento. The Aging Resources Exchange committee met earlier today to plan future meetings. D. Bonner added that we are organizing each month around a theme with multiple speakers representing different programs. D. Bonner reported last month's topic was delivering services and information remotely to older adults. The speakers were D. Bonner from Senior Link El Hogar and S. Sarina from ACC.
Commission Membership Changes	
Two pending applications: Gaby Hernandez and Bob Van Cleef	Have two potential commissioners in the process of being appointed.
Announcements & Liaison Updates	<p>P. Wait announced an on-line meeting tonight for SMUD housing project to be built on Folsom and 59th. Sac 59th Reuse Project, 4:30-6pm on 3/24/2021. May be an opportunity to advocate for accessible housing for older adults.</p> <p>R. MacKenzie is encouraging everyone to spread the word about getting vaccinated. The county's Senior and Adult Services can help with finding available vaccines and, if needed, APS has limited ability to help isolated adults with transportation.</p> <p>R. Hoskins shared that RT is offering free rides for vaccine appointments.</p> <p>P. Wait suggested online service recommended by Anthem Blue Cross for locating vaccine transportation called Aunt Bertha.</p>

	Discussed challenges and efforts to reach out to hard-to-reach people like isolated older adults and unhoused individuals.
Future Meetings	
Announcement of dates of future meetings	<p>Next Executive Committee/ROC meeting Wednesday, April 21, 1-3pm https://csus.zoom.us/j/88550521679</p> <p>Next Commission meeting Wednesday, April 28, 2-4pm https://csus.zoom.us/j/88550521679</p> <p>Next Aging Resource Exchange Tuesday, March 30, 9:30-11am https://csus.zoom.us/j/95001564178</p>
Suggestions for future agenda items	Efforts to do vaccine outreach to hard-to-reach populations like those who are unhoused or homebound.
Meeting Adjourned at 3:18pm Minutes prepared by C. Koss	