

**ADULT AND AGING COMMISSION
Wednesday, July 27, 2022
2:00 – 4:00 PM
Video Conference Meeting**

MINUTES

Item	Notes
Welcome & Introductions	C. Koss called the meeting to order at 2:04 p.m., attendees introduced themselves.
Roll Call	Members Present:, Patty Wait, Catheryn Koss, Rachael Hoskins, Eduardo Rubalcava, Debra Bonner, April Carni, Gaby Hernandez Members Absent: Theresa Abah (excused), Dawn Angelo (excused) Guests: Ruth MacKenzie, Heidi Richardson, German Avon, Kim Johnson, Rebecca Sloan, Glen Smith, Jacy Miller
Public Comment	no public comment
Approval of May 25, 2022 and June 22, 2022 Minutes and July 27, 2022 Agenda	R. Hoskins moved to approve, Eduardo Rubalcava second the motion for approval of June 22, 2022 minutes and July 27, 2022, agenda. Motion was passed with no objections or abstentions. May minutes were not available.
AAC Business & Initiatives	
2023 Commission Priorities	C. Koss asked group for ideas on what the committee should make as priority. There were several comments made on transportation. E. Rubalcava added to include walking, biking, etc.; J. Miller, R. Hoskins discussed concerns of Paratransit the challenges and costs. R. MacKenzie mentioned that Regional Transit is under the Joint Powers of Authority. R. Hoskins mentioned Room/Board (R/B) regulations are another area of concerns and have a speaker. R. MacKenzie added to look at the importance of R/B; identify what are the hallmarks for older adults; and, RCFE/R/B difference and develop a tool. A. Carni discussed MPRA governs/ethics placement agencies; bring someone from organization to present. C. Koss requests for A. Carni to contact for a presentation. C. Koss suggests speaker on consumer education. J. Miller identified home safety/equipment. H. Richardson discussed what is the commission going to do; what's the strategy? Rather than what's been done years past. K. Johnson discussed for commission to present/engage in

	<p>legislative committee and/or get on agenda. In addition, statistics linked to older adults passing away from isolation and abuse reports. P. Wait reports service (older adults) engagement in the community 87% for 50 and above would like to have a path to serve community; commission can identify easier path to help. C. Koss suggests focus on two topics next 15 months such as transportation (public/walking/bike); Room/Board; Social Isolation and Legislation. Also form an Ad/Hoc to tackle these issues.</p>
Commissioner recruitment and orientation materials	<p>C. Koss discussed developing a handout for perspective commissioner to apply, as current materials seem scary. K. Johnson offered what does it mean? Support mechanisms, mission and goals; and provide perspective. J. Miller added that disclosure of financials comes across as scary. P. Wait inquired of R. MacKenzie and H. Richardson what their thoughts were on this. H. Richardson mentioned to clarify what we do and don't do, add successes (Safe House) and accomplishments. R. MacKenzie advised on strategy and specialty. Help the Board help commission by: be specific, follow-up on past items, how the budget works, and designated person to follow board meetings. C. Koss proposes to rewrite the brochure; (be a one page as to why to be a commissioner) will bring draft to next meeting.</p>
Aging Resources Exchange suggestions for topics or speakers	<p>C. Koss inquired if anybody have any ideas/speakers for rest of year. H. Richardson mentioned Lavendar House, and Cal Aim; will look for a contact person. R. Hoskins will get contact information from a colleague for Lavendar House. A. Carni mentioned receives Cal Aim newsletter on updates, will send to C. Koss to distribute. Patty W. suggests Dept. of Aging (Master Plan); however, don't have a contact. A. Carni indicated that there is an update of Master Plan in newsletter and Longterm Care Insurance. R. Hoskins, suggests speaker on Parkinson. C. Koss expressed any ideas can be sent via email to Debra, Rachael or myself.</p>
New Business	None
Reports	
Liaison Reports	<p>E. Rubalcava reports assigned to In Home Support Services (IHSS) but there have been no meetings or future dates provided. H. Richardson offered to email manage on status. D. Bonner reports will send HSCC minutes for distribution</p>

	since unable to attend last couple of months. A. Carni provided update on Elk Grove Senior Center having a celebration for one year in new space H. Richardson mentioned County Deputy Director to present on Cal Aim
Area 4 Agency on Aging	. G. Avon reporting for Agency on Aging Area 4 provided information on IPAD eligibility requirements and distribution for older adults. Questions were asked specifically about customer support. G. Avon mentioned support is not offered.
Aging Resources Exchange	C. Koss provided report on July speakers/topics, where information will be distributed and sent out with minutes.
Sacramento County Age-Friendly Initiative	P. Wait reports Loaves/Fishes was invited and agreed to let us do a session. H. Richardson acknowledged and appreciates Patty's involvement.
Commission Membership Changes	C. Koss reports that this is Gaby's last meeting, as she is leaving to continue her education.
Announcements	None
Future Meetings	C. Koss led discussion on transitioning and moving back in person possibly September. Requests for all to think about and discuss at next meeting.
Suggestions for future agenda items	None