

ADULT AND AGING COMMISSION

Wednesday, September 28, 2022

2:00 – 4:00 PM

Video Conference Meeting

<https://csus.zoom.us/j/88550521679>

Or phone (669) 900 6833

Meeting ID: 885 5052 1679

MINUTES

Item	Notes
Welcome & Introductions	
Roll Call	<p>Members Present: Patty Wait, Catheryn Koss, Rachael Hoskins, Eduardo Rubalcava, Debra Bonner, Theresa Abah, Dawn Angelo, April Carni, Lee Miller</p> <p>Members Absent: none</p> <p>Guests: Jacy Miller, Rebecca Sloan, Ruth MacKenzie, Laisa A. Alyssa M.</p>
Approval of August 24, 2022 Minutes and September 28, 2022 Agenda	deferred vote on minutes; April Carni moved to approve the agenda, Theresa Abah seconded, motion passed with no objections or abstentions
Public Comment	none
AAC Business & Initiatives	
Commissioner recruitment and orientation materials	reviewed draft recruitment brochure, Patty Wait moved to approve the brochure as presented, April Carni seconded the motion, the motion passed with no objections or abstentions
2023 Priorities & Action Plan	Discussed priorities and how they align with what we say we do in our outreach materials. Catheryn Koss will reach out to commissioners individually over the next few weeks to discuss interests for 2023.
Moving back to in person meetings	<p>C. Koss raised the question about returning to in-person meetings or staying virtual and would like to hear thoughts from commissioners.</p> <p>R. Mackenzie provided information on county location, and must be open to public. Kristen offered facility located downtown.</p> <p>There was discussion amongst commissioners in offering their opinions and concerns. Lee’s preference keep on line. Dawn commented advantage on not having travel time if stay virtual. Eduardo’s preference is in-person.</p>

	<p>Catheryn suggests staying virtual in October and November in-person but will check the rules to be in compliance.</p> <p>In summary of this discussion, it was brought out the convenience of virtual, and look at a hybrid option.</p>
New Business	None
Reports	
Liaison Reports	E. Rubalcava reports In Home Support Services (IHSS) met on August 31, 2022 and approved minutes from August 2021. Main issues building a database of providers, and hiring is a problem; lack of providers and caregivers.
Area 4 Agency on Aging	R. Sloan explained and provided an overview, and that this agency covers 7 counties.
Aging Resources Exchange	<p>R. Hoskins reports ARE had a speaker presenting on MediCal eligibility and income changes from the County and a speaker from El Hogar-SeniorLink sharing information and tips about where and how to apply for means-tested benefits such as MediCal and CalFresh.</p> <p>C. Koss requests email if interested in getting ARE meeting announcements.</p>
Sacramento County Age-Friendly Initiative	<p>T. Abah reports attending her first meeting. Items discussed, plan initiatives, and mention of CSUS interns/students get involved with the community.</p> <p>P. Wait thanked and delighted Theresa has joined.</p> <p>P. Wait reports Dept. of Aging had a presentation on livable communities, A. Carni attended this webinar. C. Koss requests for any links. P. Wait provided link. In addition, a link was provided for an RFP Transportation Workshops.</p>
Commission Membership Changes	C. Koss announced and welcomed new commissioners: Kristen Stauss and Lee Miller.
Announcements	C. Koss mentioned that Notice of Federal Transportation Plan is due today.
Future Meetings	Next meeting (virtual) October 26, 2-4pm
Suggestions for future agenda items	None