

ADULT AND AGING COMMISSION

Wednesday, April 26, 2023

2:00 – 4:00 PM

In-Person Location:

9750 Business Park Drive, Ste. 104, Conference Room 1, Sacramento, CA 95827

Remote Access:

Join ZoomGov Meeting

<https://www.zoomgov.com/j/1601015273?pwd=S2tldjVQd1VzbC82Nk1XaUpQV2doUT09>

Meeting ID: 160 101 5273

Passcode: 017189

MINUTES

Item	Notes
Welcome & Introductions	Chair
Roll Call	Members Present: Catheryn Koss, Theresa Abah, Debra Bonner, Lee Miller, Maureen Sullivan, German Ayon, Melissa Jacobs Members Absent: Rachael Hopkins, Kristen Stanos, Eduardo Rubalcava, Guests: Ruth MacKenzie, Debra Larsen, Justin Ellerby, Dan Alweiss, Dennis Eldridge, Donna _____, Margarita
Approval of April 26, 2023 Agenda	L. Miller moved to approve, T. Abah seconded the motion for April 26, 2023, agenda. The motion passed with no objections or abstentions of agenda.
Public Comment	None
AAC Business & Initiatives	
Presentation on proposed low-income senior housing project (Catalonia Palms Assisted Living)	D. Alweiss provided personal and professional background and purpose of project, and requesting an MOU and support from this commission. D. Alweiss provided blueprint with large diagrams of proposed building; this will be a 32 room occupancy in north area of Sacramento for at risk population, secured facility. The second story staff will be able to live there at no cost (8 rooms). \$32 million available and allocated to Sacramento region. The grant is for 30 years to build in the Brown/Black neighborhoods (Robertson Park). Questions were raised from attendees: <ul style="list-style-type: none">• Donna inquired about management/staffing. D. Alweiss responded that person partnering with is experienced in this area.

	<ul style="list-style-type: none"> • C. Koss asked about eligibility. D. Alweiss state there will be tier levels, Medi-Cal Waiver and for those on Social Security. • C. Koss indicated will contact Rich on letter of approval.
Request for Letter of Support from Sacramento County Department of Transportation (SacDOT) Pedestrian Wayfinding Pilot Project application for Federal FY 2024 Appropriations Requests – Community Project Requests	M. McDaniel was not present, item removed from agenda for discussion.
Nominations for 2023/2024 Officers (Election at May Meeting)	C. Koss provided summary of chair and vice chair positions, and D. Bonner gave a view on the secretary position. C. Koss asked for nominations. C. Koss nominated D. Bonner for chair and T. Abah for secretary. L. Miller accepted nomination for vice chair, and Donna for Recruitment and Orientation Chair
Reminder to complete Form 700	C. Koss made a gentle reminder if you haven't completed Form 700, please do so, it is required.
Potential tour of Notoli Place	C. Koss discussed that she is working with Heidi for commissioners to tour this facility.
New Business	Donna from AARP report that Steps Forward and City/County working together for inclusion and diversity. A needs assessment is being done.
Reports	
5 Over 50 Awards	L. Miller reports event is on May 23 rd around 10am. C. Koss inquired about the flow of ceremony. L. Miller responded that 18 individuals will receive plaque then a photo op. L. Miller will be sending members an email with additional details, changes and for a response if attending.
Area 4 Agency on Aging	<p>G. Ayon gave an update on the following:</p> <ul style="list-style-type: none"> • Cal Fresh program assistance being provided; awarded PEARLS Grant along with Asian Community Center, El Hogar, Resources for Independent Living and Society of Blind. • Discussed the Mature Edge/Job Training • Classes for Caregivers <p>D. Eldridge provided some detail about Cal Fresh program expansion for 60+ with or without disabilities. Will be creating outreach community events in seven counties to get word out and partnering with other entities to help.</p> <p>L. Miller suggests to connect with vineyard</p>

	<p>C. Koss – mentioned AAC may provide suggestions on where to outreach. Will follow-up with Anson on possibilities for CSUS Gerontology student involvement with caregiver programs.</p> <p>M. Jacobs state there is a 2-day festival May 5 & 6 at Southside park and probably still accepting sponsors.</p> <p>R. McKenzie inquired if help with Medi-Cal application offered. Response was only Cal Fresh</p> <p>D. Bonner mentioned that SeniorLink assists participants in program with Medi-Cal application process.</p>
Aging Resources Exchange	D. Bonner reported on presentation by Jose Baca, CSUS Gerontology major and intern at ACC Senior Services on Caregiver Respite.
Sacramento County Age-Friendly Initiative	T. Abah had nothing to report this month; will update in May.
Sacramento County Aging Resources Directory	C. Koss mentioned that directory is being updated and a Spanish version is expected to be completed soon.
Liaison Reports	None
Commission Membership Changes	C. Koss reports pending applications in progress. D. Larsen applied.
Announcements	<p>G. Ayon mentioned Senior Rally Day on May 2nd, must register.</p> <p>LGBT Resource Fair at Ethel Hart Center tomorrow.</p>
Future Meetings	Next meeting is in-person, May 24, 2023, 9750 Business Park Drive, Ste. 104, Conference Room 1, Sacramento.
Suggestions for future agenda items	None