

ADULT AND AGING COMMISSION
Wednesday, June 28, 2023, 2:00 – 4:00 pm

In-Person Location:

9750 Business Park Drive, Ste. 104, Conference Room 1, Sacramento,
CA 95827 (free parking available; ring bell if door is closed)

Remote Access:

Join ZoomGov Meeting

<https://www.zoomgov.com/j/1601015273?pwd=S2tldjVQd1VzbC82Nk1XaUpQV2doUT09>

Meeting ID: 160 101 5273

Passcode: 017189

MINUTES

| Item | Notes |
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| Welcome & Introductions | Discussion |
| Roll Call | Members Present: Debra Bonner, Theresa Abah, Catheryn Koss, Lee Miller, Dawn Angelo, Eduardo Rubalcava, Kristen Stauss Members Absent: Rachael Hopkins Guests: German Ayon, Heidi Richardson, Maggie Minero, Ruth MacKenzie, Maureen Sullivan, Melissa Jacobs |
| Request(s) for Remote Participation under the Brown Act (if any) | None |
| Approval of May 24, 2023 Minutes and June 28, 2023 Agenda | C. Koss moved to approve, E. Rubalcava seconded the motion for May 24, 2023 Minutes and June 28, 2023 Agenda. The motion was passed with no objections or abstentions. |
| Public Comment | None |
| AAC Business & Initiatives | None |
| AAC Executive Meeting | D. Bonner presented and discussed about the need to select a date for the monthly executive meeting. She stated that members will include the president, vice president, secretary and the ROC chair. L. Miller requested clarifications about the Brown Act as it concerns providing accommodations for members who cannot attend in-person meeting |

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| | <p>due to medical conditions. Further stating some examples, she had witnessed during the board of supervisor’s meetings. H. Richardson provided clarifications about the Act, and promised to get further information about the exemptions for members who cannot attend meetings because of a medical reason. T. Abah and D. Angelo agreed to attend the executive meeting at any mutually accepted location on the 3rd Wednesday of the month. C. Koss suggested that any member who have to be absent from the executive meeting for medical reason should endeavor to send their contribution to the agenda early before the meeting. H. Richardson requested that the executive members send the agenda and location for the executive meeting in advance so it can be posted at least 72 hours before the meeting to inform the public. All executive members agreed to meet at El Hogar Community Services on the 3rd Wednesday before the general meetings.</p> |
| <p>5 Over 50 Ad Hoc Committee for 2024</p> | <p>L. Miller commended the committee members and the commission for a successful event and requested that C. Koss should assist in developing an online application form for future recruitment to ensure a seamless and easier process to collect the necessary information. C. Koss agreed to create the google forms. H. Richardson suggested that the members should collect other vital information from applicants that would help to make future decisions. L. Miller also requested that more members should volunteer to join the committee. T. Abah suggested that the current committee members should meet to flesh out tasks for interested volunteers. This was agreed by all members. E. Rubalcava asked for more information about how the committee members select the successful candidates for the award. The grading criteria was shared with all present.</p> |
| <p>California Department of Aging (CDA) Survey / Assessment for Older Adults</p> | <p>H. Richardson presented and discussed about the commission’s plan to work with California Department on Aging to summarize the CDA Assessment for older adults. She requested for volunteers to analyze the data. C. Koss, L. Miller and G. Anon registered their interest to be part of the Ad Hoc group that will help to coordinate the Ad Hoc Committee. C.</p> |
| <p>Input needed: Proposed Rule – Older Americans Act</p> | <p>H. Richardson reported about the on-going review of the OAA and the need for member’s input in the process. C. Koss mentioned that the section on Nutrition should be reviewed in the current OAA policy. Other requests / comments made about the OAA;</p> <ol style="list-style-type: none"> 1. The commission will need to provide a letter of support for the process. 2. There’s a need to make recommendations to the board of supervisors on how to support the initiative 3. Comments to the board of supervisors must be provided before the ACL midnight Aug 15 deadline at this website www.acl.gov/OAA rule. |

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| | M. Sullivan mentioned that WEAVE is drafting some comments to support the on-going revision of the OAA policy |
| New Business | None |
| Reports | |
| Area 4 Agency on Aging | G. Anon reported that AA4 is currently reviewing their Aging and Technology program. The agency will receive 140 iPads to hand over to older adults in the county. To reposition the agency, they are currently hiring for various positions at AAA4 |
| Aging Resources Exchange | C. Koss reports that Michelle Besse of the Department of Health Services presented about Substance Abuse and shared vital information about the different services available to older adults and the general population experiencing abuse. T. Abah suggested that future presentations on sensitive topics should have attendee's "discretion viewing warning" message visible to warn people about the sensitive nature of the topic. |
| Sacramento County Age-Friendly Initiative | T. Abah reports that the monthly meetings for the month of June was cancelled while the committee is going through the RFA grant review process. H. Richardson further added that the committee meeting for July and probably August will be cancelled until the RFA process is complete to avoid any conflict of interest while the grant review process is ongoing. She added that full meetings will resume as soon as it was appropriate to do so. |
| Aging Resources Exchange | C. Koss reports that the ARE directory is now in Spanish. She took members and guests present through the website and requested that all agency representatives present should share the web link to interested groups. Members suggested sharing the web link on different social media sites, with AARP's assistance. |
| Commission Membership Changes | M. Sullivan reports that there has been no communication from the board of supervisors since she submitted her application for membership. Members deliberated on the matter and T. Abah recommended that the ROC chair should step in to facilitate the new member interview process. |
| Liaison Reports | |
| IHSS | E. Rubalcava reports about the IHSS Advisory meeting which he attended on the 21 st of June, reporting that the chair of the meeting was considering cutting down the number of caregiving trainings offered to the IHSS caregivers because of the rising cost of the trainings. Members discussed and deliberated on the issue offering different opinions on how to work with the IHSS Advisory committee about their concern during their next meeting. |

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| | D. Bonner reported on Human Services Coordinating Council meeting. The meeting focused on discussions about their budget and accessibility of the meeting venue. |
| Announcements | <p>D. Angelo announced vacancies in AARP. She also reported on the Livability survey meeting she attended, where she observed that older adults were neglected from the survey questionnaire development process. She suggested that the conveners should include a panel on older adults in the next event to address the gap.</p> <p>L. Miller noted that the department of transportation did not factor equity issues in their recent livability survey especially for unincorporated areas of the county.</p> <p>H. Richardson mentioned that the department of Transportation has been notified about the dangerous walk ways in unincorporated areas.</p> |
| Future Meetings | Next meeting is in-person, July 27, 2023, @ 2pm, 9750 Business Park Drive, Ste. 104, Conference Room 1, Sacramento |
| Suggestions for future agenda items | None |