

ADULT AND AGING COMMISSION

Wednesday, February 22, 2023

2:00 – 4:00 PM

Video Conference Meeting

<https://csus.zoom.us/j/88550521679>

Or phone (669) 900 6833

Meeting ID: 885 5052 1679

MINUTES

Item	Notes
Welcome & Introductions	
Roll Call	<p>Members Present: Dawn Angelo, Catheryn Koss, Lee Miller, Debra Bonner, Rachael Hoskins</p> <p>Members Absent: Eduardo Rubalcava, Theresa Abah, Kristen Stauss</p> <p>Guests: Heidi Richardson, Justin Ellerby, Karleen Ballmer, German Ayon, Maureen Sullivan, Rebecca Sloan, Ariana Gonzalez</p>
Approval of November 16, 2022 Minutes and February 22, 2023 Agenda	<p>L. Miller moved to approve the minutes and agenda as presented; R. Hoskins seconded the motion. The motion passed with no objections or abstentions.</p>
Public Comment	<p>none</p>
Presentation: Sacramento County Aging Resources Directory	<p>Sacramento State Gerontology student Ariana Gonzalez-Barquero provided an update on the Sacramento County Aging Resources Directory, including numbers of visitors and what topics tend to be more popular (see attached slides). The commission shared suggestions for ways to promote the directory.</p>
AAC Business & Initiatives	
2022 Accomplishments for Annual Report	<p>C. Koss asked for suggestions of what to include in the 2022 Annual Report, including past accomplishment and plans for 2023. Suggestions included the age-friendly listening sessions, help with data analysis (planned 2023), Spanish translation of the directory (planned 2023) and the 5 Over 50 awards (planned 2023). A draft report will be presented to the Commission for feedback and possible approve at the March meeting.</p>
Moving Back to In-Person Meetings	<p>C. Koss summarized the Brown Act requirements for establishing quorum and when commissioners could participate remotely. This</p>

	meeting will be the last virtual meeting of the Commission. Beginning in March, the commission will meet in person. Guests may attend in-person or virtually.
New Business	None
Reports	
5 Over 50 Awards	L. Miller reported that the working group received 18 nominations. The awards will be given at a May Supervisor meeting. There will be one awardee from each of the 5 districts.
Area 4 Agency on Aging	German Ayon provided brief update. AAA4 is starting a volunteer program and recently hired a volunteer coordinator. AAA4 is reviewing applications for Title III E programs. The agency is also helping with CalFresh applications and is launching a digital navigator program to help older adults use computer technology.
Aging Resources Exchange	R. Hoskins informed the commission that the next Aging Resources Exchange was scheduled for February 28 th . The topic will be Connecting People to Services and Supports.
Sacramento County Age-Friendly Initiative	H. Richardson started the update on the Age Friendly Initiative by recognizing Don Nottoli's commitment and work on behalf of older adults during his tenure on the Board of Supervisors. He recently championed the allocation of \$500,000 for the age-friendly initiative. H. Richardson reported that the county has completed the listening sessions and is analyzing the data. D. Angelo announced that AARP will start holding the regional roundtables again beginning this fall. These events give people involved in age-friendly initiatives a chance to learn and network.
Liaison Reports	None
Commission Membership Changes	No changes
Announcements	M. Sullivan announced that WEAVE will be training the staff of the new senior shelter. J. Ellerby shared an update on American River Homeshare efforts, including a large mailing they recently sent to recruit hosts.
Future Meetings	Next Meeting will be in person, March 22, 2023, 9750 Business Park Drive. Ste. 104, Conference Room 1, Sacramento.
Suggestions for future agenda items	None
Meeting adjourned at 3:45pm	