SACRAMENTO COUNTY

Request for Statement of Qualifications and Applications (SOQ/RFA) For Licensed Therapists To Provide Short-Term Counseling Services

Questions and Answers

1. Do we print the forms from the packet that was emailed to us?

   A fillable Application and Therapist form will be emailed to applicants.

2. Are we provided with a boiler plate of sample intake, assessments or evaluation reports that the courts are requiring?

   There are different templates for individual, family, and conjoint, and for groups. Templates will be emailed to applicants.

3. Are you limiting or capping the number of approved providers? Is there a benefit to submitting earlier than later?

   No, the number of approved providers will not be limited or capped.

4. Is there an end date for this Statement of Qualification/Request for Application?

   No, it is an open enrollment.

5. Can the attachments be submitted in multiple emails if the file is too large for one email?

   Yes

6. How far back should continuing education and training information be provided?

   Current and relevant continuing education and training information should be provided.

7. When will contracts be executed? Services start date?

   A Board Letter will have to be scheduled on the Board of Supervisor's agenda to be approved. Once approved by the Board of Supervisors, new contracts and current contracts that will be renewing will be processed and executed for a 3-year (multi-year) term.

8. What is the reimbursement rate for the contract? Are there different rates depending on degree and/or type of services provided, e.g., individual vs. group therapy? Do no call no shows get reimbursed?

   Rates vary depending on the modality of the service. At this time there are no change in reimbursement rates or size of group therapy for reimbursement.

   - **Individual, Family, and Conjoint Sessions** are reimbursed at $130 per each 50-minute session up to 10 sessions + $130 for counseling completion report per authorization ($1,430 total).

   - **Mental Health Assessment** reimbursement rate is $150 per each 50-minute session (maximum of three sessions + $150 for assessment report).

   - **CPS Authorized Groups** (referred to as General and Specialized Groups)

     - A group is comprised of a series of twelve-90-minute sessions generally provided within a 12 week period. Sessions with five or more CPS attendees are paid at the flat rate of $325 per session. Sessions with less than five CPS attendees are paid at the rate of $65 per attendee.

     - Participants in a group are additionally provided a maximum of two individual sessions per attendee (one pre-and one post-group individual counseling session). The two individual sessions per participant are paid at the rate of $130 per session.

     - $130 for CPS Counseling Report following the post group individual session.

   - **Other Groups** are reimbursed at $65 per CPS-referred client for each 90-minute group counseling session.

   - **Group Intake Sessions** are not reimbursable.

   - **Missed appointments** for pre- and post- group individual counseling sessions; individual, family, or conjoint; or mental health assessment sessions are reimbursed at the rate of $65 per session up to two missed appointments.

   - **Missed appointments** for group sessions are not reimbursable.

9. How should invoices be submitted? Is there an invoice template?

   Invoices can be emailed to dcfas-contractinvs@saccounty.gov. Requested invoice template can be emailed to applicants.

10. Are nexus reports required?

    Nexus report is only required at the end of the completed session or after the last session if the client stops treatment.

11. Are there any requirements for psychological testing?

    There is a separate contract for Psychological Testing Services however, the assessment under this contract allows you to recommend a psychological test.

12. What would be a reasonable time frame to schedule a first session for a client?

    Providers shall schedule appointments as soon as possible but no later than 14 days of receiving the CS840 Referral form.

13. Are providers restricted to providing only telehealth or can providers continue providing face-to-face sessions?

    Each client's treatment situation is specific. Telehealth will continue to be an option for providing services.

14. Number of goals are being increased and may not be achievable in 10 sessions. Can the goals be decreased?

    Social workers are being trained to develop more specific behavioral case plans. If client needs additional service sessions, Social Worker may submit a request to extend client's sessions.

15. How long does it take to get a referral approved and how will the Provider know when the referral is approved?

    If a provider completes an intake prior to receiving a referral, the provider emails cpscollateralreports@saccounty.gov to request CS840 Referral Form within 24 hours of intake. The CPS Collateral Reports desk notifies the case carrying social worker of the request. If social worker approves, the desk will generate the CS840 Authorization for Services form on their behalf and then send it to the Service Performance Monitor (SPM) for approval.

    If the case carrying social worker generates the CS840 Authorization for Services, they will send the form to their supervisor for review and sign. Then CS840 Authorization for Services is sent to the SPM to review and make sure it meets all requirements. After SPM's review and approval for Group Counseling and Mental Health services, the CPS Referrals Desk will send an encrypted email the approved and signed PDF CS840 Authorization for Services to the Provider. Individual counseling service requests are sent to fiscal for further processing. Then Fiscal will via encrypted email the approved CS840 Authorization for

Services to the Provider. Depending on the modality of services, referral review and processing time may take 2-7 business days.

16. Are there any previous data for this program and any data indicating the need in any particular area?

    Based on data collected from Fiscal Year 2019-2020, the program had 932 unduplicated clients with 118 referrals per month on average. Currently, there are no services accessible to clients in several locations, including Rancho Cordova and North Highlands.