IN-HOME SUPPORTIVE SERVICES

County of Sacramento

Department of
Child, Family, and Adult Services

In-Home Supportive Services
P.O. Box 269131
Sacramento, CA 95826

(916) 874-9471

To apply for IHSS,

call (916) 874-9471

Monday through Friday

from 9:00 A.M. to 4:00 P.M.

County Executive:

David Villanueva

Board of Supervisors:

Phil Serna	1st District
Patrick Kennedy	2nd District
Rich Desmond	3rd District
Rosario Rodriguez	4th District
Patrick Hume	5th District

4/17/2026

IN-HOME SUPPORTIVE SERVICES

- The IHSS program provides in-home domestic and personal care services to allow individuals to remain safely in their own home and prevent the need for out-of-home care. To be eligible, you must be over 65 years of age, or disabled, or blind and have completed a Medi-Cal Eligibility Determination and a licensed health care professional must complete a Health Care Certification (SOC 873) indicating your need for service.

- The types of services which can be authorized through IHSS are house cleaning, meal preparation, laundry, grocery shopping, personal care services (such as bowel and bladder care, bathing, grooming and paramedical services), accompaniment to medical appointments and protective supervision for the mentally impaired.

How IHSS Works

- A county social worker will interview you at your home to determine your need for IHSS. Based on your ability to safely perform certain tasks for yourself, the social worker will assess the types and hours of services you need. This assessment will include information given by you and other individuals involved with your care such as your physician or other licensed health care professional.

- A completed Health Care Certification (SOC 873) must be received by the county prior to authorization of services.

- You will be notified if IHSS has been approved or denied. If denied, you will be informed of the reason for the denial and your right to appeal. If approved, you will be notified of the services and the number of monthly hours authorized.

- If you are approved for IHSS, you must hire a care provider to perform the authorized services. You are considered the employer of your care provider and therefore, it is your responsibility to hire, train, supervise, and terminate your care provider.

- Recipients may contact the IHSS Caregiver Registry (916) 874-2888 for assistance with locating a care provider.

- All care providers must complete enrollment requirements to be paid by the IHSS program. Contact the IHSS Public Authority for Provider Enrollment information or visit https://pubauth.saccounty.gov

- In order to become an IHSS care provider:
  - ◊ A Department of Criminal Justice background check must be passed (at the potential care provider's expense).
  - ◊ The care provider must attend a mandatory care provider orientation and complete all required forms.